

Tubman MVP

Movement for Violence Prevention



Virtually Autumn, Nearly Winter

Happy Autumn! Or is it winter? We can't tell. We're still keeping a safe distance, but we're here for you.

Whether you're back at school, working remotely or in person, or trying to make plans with friends and fam, things have probably taken on a new rhythm. Let us know if it feels like you've settled into this new normal, what is working for you, and what still feels challenging!

Voting: Your Voice Matters!

Election Day is Tuesday, November 3rd!

In Minnesota you can register to vote on Election Day if you haven't already.

If you're in Minnesota:

Find more info on registering to vote on Election Day [HERE](#).

Where do I vote? What are voting hours? Find answers [HERE](#).

*Additional info by state can be found [HERE](#).

Spotlight: Cirea Holliday

Cirea Holliday is a young poet in our Safe Journeys program. She has worked very hard to get where she is, and has found a beautiful way to express herself and her ideas through poetry. She has even put together a collection of her poems in a book. Find one of her poems below and keep an eye on our [BLOG](#) to see more of her content in the coming weeks!



Location Poem

Minnesota where its very cold
Snow should be plowed but they
let the mountains grow
Stepping in puddles everywhere
you go
You don't want to go out there
it's stupid cold

Minnesota isn't the place to
hate some people they may say
this place is great
Come on over and make a
plate
Even though you may have already ate
Come on inside before you
faint
All that snow give your
jacket a shake

Minnesota is the place it's
Great



Youth Inspiring Us in Life & on Social Media

By MVP Intern Izzy McLaughlin

There is a pervasive idea in our culture that social media is just something that teens use to goof off, but social media has been a catalyst for change in our current global and political climate, and young people are on the front lines. Social media platforms like Instagram, Facebook, and TikTok are opening up the door for teens around the world to share information about causes they care about. These causes range from racial justice, global warming, gender equality, to sexual assault awareness. Young people are using these platforms to connect with each other, to share information, and to start global movements for change. Check out these young activists for more information

- **Dear Asian Youth**, a youth-led group striving to uplift marginalized communities. You can find them on TikTok [@dearasiayouth](#), take a look at their [INSTAGRAM](#) and check out their [WEBSITE](#). They have a podcast and opportunities for young people to contribute to their platforms!

- **Tokatawin Iron Eyes**, an indigenous youth advocate. Find her on [INSTAGRAM](#) and read an article about her work with Greta Thurnberg in 2019 right [HERE](#).

- **Naomi Wadler**, a youth activist spreading awareness about gun violence and Black Lives Matter, among many other issues. Check out her Instagram [HERE](#).

Tubman MVP is Now on TikTok!

You can find us on TikTok [@tubmanmvp](#) now! We're featuring you a lot of you connecting with people this way, and we'd love to feature you on our page. If you would like to make a video for us, you can [EMAIL US](#) or message us on any of our platforms. We're excited to hear from you and to highlight your voices!

Youth Recommendations

We asked some students what books they would recommend to other teens right now, and here's what they said:

- *So You Want to Talk about Race* by Ijeoma Oluo
- *The Outsiders* by S.E. Hinton
- *The Breadwinner* by Deborah Ellis
- *How To Be an Antiracist* by Ibram X. Kendi
- *Percy Jackson* series by Rick Riordan
- *Colonize This!* by Daisy Hernandez and Bushra Rehman



What We Have For You

As always, we want you to know that you can reach out for support, programming, volunteer opportunities, resources, and to let us know how you're doing! [EMAIL US](#) anytime, and reach out to our [24/7 helpline at 612.825.0000](#) for resources for yourself or someone else.

Our **Movement for Violence Prevention Youth Leadership Training** will provide you with tools and support so that you can make the positive change you want to see in your community. Our next session is **November 17 & 18, 3:30-6:30 pm**. You can participate from wherever you are via Zoom! Register [HERE](#).

Our youth-oriented website [MyDefinition](#) has a bunch of quizzes, vids, blogs, and resources for you to check out. If you would like to write a blog post or share your opinions or art in our newsletters [EMAIL US](#) - we'd love to highlight your voices!



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