

Kids in Transition Group Facilitator

Volunteer Position Description



Position & Responsibilities

Role Summary

The Kids in Transition Group Facilitator Volunteer is responsible for facilitating a support group for youth ages 5 to 12 or 13-17 who have experienced family violence, relationship transitions, and/or grief and loss. Groups take place in both Minneapolis and Maplewood.

Impact & Benefits

- Provide information and resources regarding positive conflict resolution at home
- Make a difference in the lives of young clients of Tubman by providing safety and support
- Learn methods to serve youth and parents with respect to diversity and life experience
- Help foster a healthy, caring community on multi-generational levels

Position Responsibilities

- Promote well-being of youth through facilitation of workshops intended to enhance coping skills related to relationship transitions and family challenges
- Maintain confidentiality of youth clients' background and current needs
- Communicate effectively with children and parents/guardians
- Build trusting relationships with clients while maintaining appropriate boundaries

Qualifications & Expectations

Position Qualifications:

- Ability to Create a supportive and safe space while maintaining boundaries and client confidentiality
- Proven ability to remain calm in response to difficult information and situations
- Ability to work with diverse teams and clients to foster a culturally inclusive environment
- Awareness of issues affecting clients and their families
- Strong communication and listening skills
- Previous experience working with children and youth

Time Commitment & Availability

- Group is held 4 times a year for six weeks on Thursday evenings from 6:30 – 8:00 pm in Minneapolis or Maplewood
- Minimum commitment of one year preferred

Supervision & Training

- Attend Tubman's five-part Volunteer/Intern Orientation and Training
- Supervision provided by the Community Outreach Manager

Organization

For 40 years, Tubman (www.Tubman.org) has been leading the way to hope for women, men, youth and families who have experienced relationship violence, sexual exploitation, addiction, mental health challenges or other trauma. We provide countless ways to help including safe shelter, legal services, mental and chemical health counseling, elder abuse resources, youth programs, community education and much more.

We encourage applications from people of color, multilingual speakers, all genders, veterans and people with disabilities.