

August 2025

Orientation & Training Schedule

for new volunteers, interns, and staff

SATURDAY, AUGUST 16TH

Location: Tubman Chrysalis – 4432 Chicago Avenue So, Mpls, 55407

9 am – 3 pm: *Tubman Overview* – Tubman basics and core services; privilege and intersectionality; philosophies and service approaches; ethics and boundaries; secondary trauma, self-care, and wellness

TUESDAY, AUGUST 19TH Location: Virtual

6:00 – 8:00 pm: Shelter & Safety Planning – emergency shelter services; ecological approach; defining violence, power and control

8:00 – 9:00 pm: Breakout Sessions – required for some roles

THURSDAY, AUGUST 21ST Location: Virtual

6:00 – 7:45 pm: *Mental Health & Trauma* – mental and chemical health; trauma and the brain, trauma-informed care; crisis and de-escalation skills

7:45 – 9:00 pm: Breakout Sessions – required for some roles

TUESDAY, AUGUST 26TH Location: Virtual

6:00 – 7:30 pm: Legal Services – understanding Tubman's legal services, protective orders, assisting clients in accessing legal services, safety planning

7:30 – 9:00 pm: Breakout Sessions – required for some roles

THURSDAY, AUGUST 28TH Location: Virtual

- **6:00 7:45 pm:** Youth, Housing, & Community Supports youth services; housing programs; community outreach and support services
- 7:45 9:00 pm: Breakout Sessions required for some roles

For more information, please contact Joanie at 612-767-6680 or jbraun@tubman.org